

# WEEKLY HOME MANAGEMENT



<p><b>M o n d a y</b></p> <p><u>Bedrooms &amp; Office</u></p> <p>Tidy Dust Wipe Down Surfaces Clean Mirrors Vacuum Change Bed Sheets Put Away Clutter on Table and Desk Tops</p>	<p><b>T u e s d a y</b></p> <p><u>Kitchen &amp; Dining Room</u></p> <p>Tidy Clean Fridge and Freezer Scrub Sink Clean Microwave and Oven Vacuum Carpeted Areas Check Inventory of Pantry</p>
<p><b>W e d n e s d a y</b></p> <p><u>Living Room</u></p> <p>Tidy Dust Wash Throw Blankets Vacuum Rugs Fluff Pillows and Couch Cushions</p>	<p><b>T h u r s d a y</b></p> <p><u>Bathrooms</u></p> <p>Scrub Shower and Tub Scrub Toilet Scrub Sink Wipe Down Mirrors Wash Rugs and Shower Curtain Sweep Floor</p>
<p><b>F r i d a y</b></p> <p><u>Catch Up Day</u></p> <p>Pay Any Bills Clean Out Car Clean Out Purse and Work Bags</p>	<p><b>S a t u r d a y</b></p> <p><u>Catch Up Day</u></p> <p>Fold &amp; Put Away Any Extra Laundry Vacuum or Sweep Hallways Any Other Remaining Tasks From Week</p>
<p><b>S u n d a y</b></p> <p><u>Prep Day</u></p> <p>Meal Plan Food Shop Set Out Things Needed for Monday</p>	<p><b>D a i l y</b></p> <p>Make Bed 5 Min Tidy All Rooms One Load of Laundry Dishes Take Out Trash Wipe Down Kitchen Surfaces Sweep Kitchen Floor Lay Out Clothes for Next Day Program Coffee Maker</p>